

# September 2019 Snack Menu

An assortment of milk is offered when specified to include 1% low-fat white milk, and flavored skim varieties.

	Monday	Tuesday	Wednesday	Thursday	Friday
	9	10	11	12	13
Wk. 1	WGR Cinnamon Toast Cereal Bar <b>D 0060</b>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015	WGR Banana Bread Slice <b>D 0030</b>  Assorted Milk	WGR Bear Grahams <b>D 0070</b>  Assorted Fruit Juice (6.75 oz.) <b>F 0019, F 0015</b>	WGR Goldfish Pretzels <b>D 0069</b>  Assorted Milk	WGR Chocolate Muffin <b>E 0334B</b>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015
	16	17	18	19	20
Wk. 2	WGR Scooby Grahams <b>D 0</b>  Assorted Milk	<i>Danimals Vanilla Yogurt Cup</i> <b>or</b> <i>Greek Yogurt Cup</i>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015	WGR Cherry G-Force Bar <b>D 0025</b>  Assorted Milk	WGR Scrabble Cheez-Its <b>D 0072</b>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015	WGR Corn Tortilla Chips <b>D 0074</b>  Assorted Fruit Juice (6.75oz) F 0019, F0015
	23	24	25	26	27
Wk. 1	WGR Cinnamon Toast Cereal Bar <b>D 0060</b>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015	WGR Banana Bread Slice <b>D 0030</b>  Assorted Milk	WGR Bear Grahams <b>D 0070</b>  Assorted Fruit Juice (6.75 oz.) <b>F 0019, F 0015</b>	WGR Goldfish Pretzels <b>D 0069</b>  Assorted Milk	WGR Chocolate Muffin <b>E 0334B</b>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015
	30	1-Oct.	2	3	4
Wk. 2	WGR Scooby Grahams <b>D 0</b>  Assorted Milk	<i>Danimals Vanilla Yogurt Cup</i> <b>or</b> <i>Greek Yogurt Cup</i>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015	WGR Cherry G-Force Bar <b>D 0025</b>  Assorted Milk	WGR Scrabble Cheez-Its <b>D 0072</b>  Assorted Fruit Juice (6.75 oz.) F 0019, F 0015	WGR Corn Tortilla Chips <b>D 0074</b>  Assorted Fruit Juice (6.75oz) F 0019, F0015

**\*Only schools serving the entire school due to extended day, may substitute milk with 6oz. juice and yogurt may be substituted with a Chex Mix or Cheddar Goldfish Crackers\***      **\*Do not serve any other type of yogurt than the ones with 15g sugar/4oz\***

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